

Now Serving Lunch

Field Middle School Lunch

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Quesadilla    Black Beans Salsa Apple Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate	2 Macaroni & Cheese     Corn Raisins Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	3 Mini Chicken Corn Dogs    Crinkle Fries Carrots Applesauce Ranch Dressing   Low Sodium Ketchup	4 	5 Stuffed Crust Cheese Pizza Slice    Broccoli Pear Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate
8 Mini Waffles       Strawberry Yogurt  Carrots Banana Maple Syrup Lowfat Milk  Fat Free Chocolate	9 Breaded Chicken Strips  Wheat Roll  Steamed Corn Peas Strawberry Craisins Low Sodium Ketchup Lowfat Milk 	10 Cheesy Rotini Marinara     Steamed Broccoli Applesauce Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	11 Cheeseburger     Curly Fries  Garbanzo Beans Apple Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate	12 Cheese Pizza Slice     Celery Sticks Ranch Dressing   Fresh Red Grapes Low Sodium Ketchup Lowfat Milk 
15 Roasted Turkey Wheat Roll  Potato Wedges  Green Beans Apple Slices Chocolate Chip Cookies     Low Sodium Ketchup	16 Cheese Ravioli Marinara     Broccoli Orange Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	17 Chicken Wings     Wheat Roll  Celery Sticks Banana Ranch Dressing   Low Sodium	18 Hamburger  Vegetarian Baked Beans Apple Slices Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	19 French Bread Cheese Pizza     Carrots Fresh Red Grapes Low Sodium Ketchup Ranch Dressing 
22 Pancakes    Turkey Sausage Links Strawberry Yogurt  Celery Sticks Banana Low Sodium Ketchup	23 Beef Tacos  Salsa Shredded Lettuce Fresh Red Grapes Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	24 	25 	26 
29 Cheese Ravioli Marinara     Broccoli Applesauce Low Sodium Ketchup Lowfat Milk  Fat Free Chocolate Milk 	30 Stuffed Crust Cheese Pizza Slice     Celery Sticks Fresh Red Grapes Ranch Dressing   Low Sodium Ketchup			

Icon Legend: 

May Contain: 